

01594 822004

admin@soudley.gloucs.sch.uk



Friday 17th April 2026

Soudley News

Dates for Diary

April

21st—Young Minds Matter session with Yr 5/6

May

5th - Height and weight school nurse screening for Reception & Year 6

14th—The Big School Workout—interactive session with Joe Wicks

20th—National Bee Day—After school activities and fun!



Break time Snacks

Children are encouraged to bring in a healthy snack; ideally fruit or vegetables.



Term Dates

4th May—Bank holiday

21st May—We break up for half term

22nd May—Inset Day

1st June—Back to school

17th July—break up for summer!

20th July—inset day

Stars of the week!



Hedgehogs— River, Nelly & Ayla

Otters—Ellie

We would be grateful if you could spare some time to complete the Parent Survey below.

This is similar to the one you may have completed recently for Ofsted's visit.

[Soudley Parent Survey March 2026 – Fill in form](#)

Ofsted



Read our report ↗

Hedgehogs Class and Otters Class

A very warm welcome back to our children and families after the two week Easter break. It has been a fantastic first week back at school. We hope you all had a wonderful holiday and enjoyed some special time together.

We are delighted to share that we have welcomed two new children to our Humbugs Preschool and a child to Reception Class—welcome to Soudley School! Your children have helped to make them feel welcome and a part of our special school community.

Our Humbugs and Hedgehogs classes have been making the most of the refreshed outdoor space. During the first week of half term, a fantastic team of volunteers kindly gave up their time to come in to school armed with tools, power washers, sweeping brushes and shovels to help clear and improve the area. Thanks to their hard work, the space is looking much brighter and more welcoming. We are especially pleased with the new addition of a sunshade, which will provide the children with a shaded area to enjoy during the sunny (fingers crossed!) days ahead!



A huge thank you to everyone who helped make this happen. Your support, hard work and generosity, as always, is greatly appreciated!

TENNIS FESTIVAL



Our pupils had a fantastic opportunity to attend a two-hour tennis festival held at Dene Magna Secondary School in Mitcheldean on Tuesday 14th April. The session was led by an experienced tennis coach from the Forest of Dean District Tennis Club, who introduced the children to the fundamentals of tennis in a fun and engaging way.

During the session, the children developed a range of skills, including ball control, coordination, and an understanding of the basic rules of the game. They took part in a variety of activities and games that helped to build confidence and teamwork.

The children also worked alongside pupils from other schools, giving them the chance to collaborate in different activities and take part in friendly matches together. It was great to see such positive teamwork, enthusiasm, and cooperation throughout.

All of the children represented the school brilliantly, showing great effort, teamwork, and a willingness to learn. It was a thoroughly enjoyable experience, and we are very proud of how they conducted themselves.

Mr Knight



A PLAYGROUND FOR SOUDLEY STARTS HERE

Hi, I'm Polly.
I'm running the Scorpion Run through the Forest of Dean to raise money for a playground in Soudley.

Our kids deserve a space to play, explore, and just be kids.
This is just the beginning and every donation helps

SCAN QR CODE



NEW YOUTH CLUB!

ALL YOUNG PEOPLE WELCOME!

- Games & Sports
- Snacks & Music
- Arts & Crafts
- Fridays 5:00-7:00PM

SOUDLEY VILLAGE HALL

GET INVOLVED! HAVE FUN!

Junior Sail Training 2026



Learn to sail safely & with confidence
Ages 7 - 17
Covers all the skills needed to use club facilities and sign up for Junior Week!



Optimist Course (IOCA) - £80
Ages 7-12
Sunday mornings 10th May - 28th June

RYA Stage 1 & 2 - £90
Ages 10-17
All-day Saturdays 18th April - 16th May
(RYA Stages 3 & 4 also available, see website for info)

✓ RYA Qualified
Instructors teaching
in small groups (6:1)



← Sign Up Here!

www.fossc.org.uk/training-courses/rya-youth-sailing-courses-yss

WHAT'S ON AT THE MUSIC WORKS

STARTING FROM THE 13TH APRIL

Weekly programmes

MONDAY

The Drop | 3:30pm - 5pm
Drop-in music club: create, record and make friends (ages 10-16).

Music Social | 5:30pm - 7pm
Drop-in sessions for making and recording music (ages 16-25).

TUESDAY

IncDrop | 4:30pm - 6pm
Inclusive music club for all abilities (ages 8-30).

WEDNESDAY

The Drop | 3:30pm - 5pm
Drop-in music club: create, record and make friends (ages 10-16).

Music Social | 5:30pm - 7pm
Drop-in sessions for making and recording music (ages 16-25).

THURSDAY

The Drop EHE | 10am - 12pm
For Elective Home Educated young people. Create, record and make friends (ages 10-16).

Youth Voice | 5.30pm - 7pm
Have your say in what happens in the Forest. (ages 14-17).

1-1 Sessions

Feeling low, stuck, or disconnected? Our Key Changes programme offers 1-to-1 music sessions to support your mental health, build confidence, and help you feel more like yourself again (ages 11-25).

Book a studio

To book a commercial session, please either call us on 01452 923950 or email forestofdean@themusicworks.org.uk.



THEMUSICWORKS.ORG.UK FORESTOFDEAN@THEMUSICWORKS.ORG.UK



SCAN FOR MORE INFO



Spring Summer Newsletter

Primary Schools

Welcome back to the Summer term!

We wanted to take an opportunity to give some insight into our food, and the projects we deliver to ensure your children get nutritious food to give them the energy to learn, explore and play at school.



We believe that it is not only our responsibility to provide menus that meet the School Food Standards, but also to focus on wider public health projects that link in with national and local initiatives.

Here are some of the projects we worked on over the past year...

Food For Life



Everyone eating a Caterlink primary school lunch can be sure that they are eating from a menu that meets the Food For Life Served Here Silver standard, at a minimum.

2009

Caterlink were the first contract caterer to achieve the award and have achieved the award every year since!



2025

We then became the first contract caterer to achieve full certification for all our primary schools across the UK!



What does it mean?



COOKED FROM SCRATCH
At least 75% of our meals are freshly prepared.

SERVING LOCAL FOOD

At Silver and Gold levels, we are rewarded for using local ingredients.



SEASONAL PRODUCE



Menus make the most of seasonal ingredients.

We can trace our meat **BACK TO THE FARM**



MORE OF THE GOOD STUFF

Free from undesirable additives, colouring and sweeteners.



Nutritious Menus

Fibre In the most recent menu, children were offered 100% of their school lunch fibre goal! How did we manage this?

Using oats in our desserts, such as crumble toppings, flapjacks and oaty cookies

Using 50/50 brown and white rice to serve with dishes like curry and chillies

Using 50/50 wholemeal flour for our pizza base

Adding beans and pulses to meat dishes (our Added Plant Protein range)

% of recommended fibre (6.7g) in a Caterlink school meal

89%

2024 - 2025

100%

2025 - 2026

Our 'Fibre Heroes'!

Chickpea & Coconut Curry



4.7g fibre

Tomato & Vegetable Pasta



4.5g fibre

Fruits and Vegetables

The Stats

Scientists have proven that people who eat a more diverse diet (**30+ different plants each week**) have improved digestion and improved overall health.

Children who choose a Caterlink school meal daily have **over 25 different plants per week** just in their school meals!

26

Autumn
Winter 25

28

Spring
Summer 25

Number of Plant Points (Main, Sides and Dessert)

Plant Point Hero

Chinese Vegetable Curry!



Includes:
Black turtle beans, 9 different vegetables and 13 spices

14.75
Plant points

Plant Point Hero

Spicy Bean Burger!



Includes:
5 types of beans, 4 vegetables, 4 spices and stock

11.5
Plant points

Each Caterlink school meal offers an average of 3.5 portions of fruit and veg - over half of your five a day!

Sugar Reduction

Since September 2016 we have ensured that our lunches not only meet the government recommendations for free sugars, but are actually much lower!

Last term five out of the fifteen desserts offered contained NO sugar!

Pre-2016
Caterlink
average

13.6

In the last school year school lunches contained just 3.8g of free sugar on average!

Suggested
maximum per
school meal

6.5

2024-2025
average

3.8

42% lower
than
guidelines!

Sustainable Food

ProVeg School Plates Sustainability Award

Caterlink came

1ST

in the ProVeg UK
Top 25 Contract
Caterer Ranking



What is the School Plates Project?

This programme aims to make school food healthier and more sustainable by increasing and promoting plant-based content on school menus.



What did we do?

- Repositioned the menus to list the vegetarian options at the top
- Used descriptive and positive language for plant-based dishes
- Blended plant proteins into dishes to help boost fibre (e.g. beans & lentils)
- Increased the diversity of plants on our menus



Carbon Footprint

Since 2016, we have undertaken numerous initiatives to lower the carbon footprint we generate from our menus, such as:

- Consistently implementing Meat Free Mondays
- Introducing more vegan dishes (70% of the vegetarian dishes are now vegan)
- Continuing our 'Added Plant Protein' project



Last year alone, we reduced carbon emissions by almost

7 million

kilograms

*Compared to pre-project (2016) using like for like meal numbers



The amount of carbon saved over the past year, just from the menu initiatives is equivalent to...

Driving 1,568 cars for a year

OR

111,177 trees planted and grown for 10 years

