

Autumn Menu 2021


Added Plant Power
Vegan
Wholemeal

Available Daily:


























- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:


























If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetable and Bean Fajitas with Rice  	Sausage roll with 1/2 Baked potato 	Roast Chicken with Stuffing, Roast Potatoes and Gravy 	Beef Spaghetti Bolognese 	MSC Fishfingers/Salmon Fish Fingers with Chips and Tomato Sauce 
Option 2	Macaroni Cheese 	Tomato, Lentil pasta bake 	Vegetable Wellington with Roast Potatoes and Gravy 	Vegetable sausage hotdog with Potato Wedges 	Cheese and Tomato Pinwheel with Chips 
Option 3	Jacket Potato with baked beans 	Tomato soup with filled baguette 	Jacket Potato with tuna mayo 	Jacket Potato with cheese 	Jacket Potato with baked beans 
Vegetables	Green Beans Carrots 	Peas Sweetcorn 	Cauliflower Savoy cabbage 	Carrots Broccoli 	Baked Beans Garden Peas 
Dessert	Sticky Toffee Apple Crumble with Custard 	Oaty Cookie 	Mandarin Jelly 	Pineapple Sponge 	Apple, Cheese and Biscuits 

Or a choice of Yoghurt & Fresh Fruit available daily

Option 1	Cheese and Tomato Pizza with New Potatoes 	Sausage & Mash 	Roast Pork with Roast Potatoes and Gravy 	Mediterranean Chicken with Rice 	MSC Fish in Batter with Chips and Tomato Sauce 
Option 2	Vegetable Tagine with Couscous 	Roasted Cauliflower Curry with Rice 	Roasted Quorn with Roast Potatoes and Gravy 	Vegetable Lasagne 	Vegetable Pasty with Chips 
Option 3	Jacket Potato with cheese 	Jacket Potato with baked beans 	Jacket Potato with tuna mayo 	Tomato soup with 1/2 filled baguette 	Jacket Potato with baked beans 
Vegetables	Peas Sweetcorn 	Carrots Green beans 	Broccoli Carrots 	Sweetcorn Savoy Cabbage 	Baked Beans Garden Peas 
Dessert	Fruit Crumble with Custard 	Lemon Drizzle Cake 	Chocolate Shortbread 	Peach Pudding with Custard 	Apple Flapjack 

Or a choice of Yoghurt & Fresh Fruit available daily

Option 1	Vegetable Hotdog 	Beef burger with 1/2 Baked potato 	Roast Gammon with Roast Potatoes and Gravy 	Chicken, Pie with Mashed Potatoes 	MSC Fishfingers with Chips and Tomato Sauce 
Option 2	Veggie Meatballs in Tomato Sauce with Rice 	Shepherdess Pie 	Mixed Vegetable Loaf with Roast Potatoes and Gravy 	Vegetable Pasta Bake 	BBQ Quorn with Chips 
Option 3	Jacket Potato with baked beans 	Tomato Soup with filled Baguette 	Jacket Potato with tuna mayo 	Jacket Potato with cheese 	Jacket Potato with baked beans 
Vegetables	Broccoli Sweetcorn 	Garden Peas Carrots 	Swede Broccoli 	Green Beans Cauliflower 	Baked Beans Garden Peas 
Dessert	Pear and chocolate crumble with custard 	Vanilla sponge with chocolate sauce 	Fruity Shortbread 	Eve's pudding and custard 	Iced Sponge 

Or a choice of Yoghurt & Fresh Fruit available daily

Week 1
30/08/2021
20/09/2021
11/10/2021
08/11/2021
29/11/2021

Week 2
06/09/2021
27/09/2021
18/10/2021
15/11/2021
06/12/2021

Week 3
13/09/2021
04/10/2021
01/11/2021
22/11/2021
13/12/2021